



COLD WEATHER CONCRETING

Hugh Martin, P.E. – National Precast Concrete Association



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Learning Objectives



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- Know what happens to concrete when it freezes and how that affects durability
- Recognize how rapid temperature changes impact initial set, curing time, and long-term strength
- Employ practical steps to create more favorable conditions for casting in cold weather and protecting concrete from harmful exposure



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Overview

- Define cold weather concreting
- What happens to concrete in low-temperature conditions
- Possible damage to hardened concrete that was cast in cold temperatures
- Steps to avoid cold weather damage



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What is “cold” weather concreting?

Anytime it's below 60°?



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What is “cold” weather concreting?

As long as it's above zero?



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What is “cold” weather concreting?

When your kids will finally admit they are cold?



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Defining “cold weather” concreting

NPCA QCM 18th Ed.

- A period when, for **three consecutive days**,
 - Cold weather conditions exist when the **average daily air temperature** is less than **40°F (5°C)**,
- and -
 - The air temperature is not greater than **50°F (10°C)** for more than **one-half** of any 24-hour period.



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Defining “cold weather” concreting



ACI SPEC 301.1-90

- Cold weather - A period when for more than **three successive days** the **average daily outdoor temperature** drops below **40°F (4°C)**
- When temperatures **above 50°F (10°C)** occur during more than **half** of any 24-hr. duration, the period shall no longer be regarded as cold weather

ACI PRC 306-16

- Cold weather conditions exist when the air temperature has fallen to or **is expected** to fall **below 40°F (4°C)** during the protection period



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Defining “cold weather” concreting



Cold weather?

NPCA QCM – Yes
ACI SPEC 306.1 – Yes
ACI PRC 306 – Yes

Scenario 1	2 AM	8 AM	2 PM	8 PM	24 Hr Average	Half-Day Avg.
Day 1 (Pouring)	23°	34°	45°	35°	34°	40°
Day 2	25°	36°	48°	37°	37°	43°
Day 3	27°	39°	51°	40°	39°	46°

NPCA QCM – No
ACI SPEC 306.1 – No
ACI PRC 306 – Yes

Scenario 2	2 AM	8 AM	2 PM	8 PM	24 Hr Average	Half-Day Avg.
Day 1 (Pouring)	17°	31°	45°	22°	31°	39°
Day 2	19°	35°	51°	36°	35°	44°
Day 3	20°	40°	60°	41°	40°	51°

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Defining “cold weather” concreting

- During periods **not** defined as cold weather, but when freezing temperatures may occur, **protect concrete surfaces** against freezing for the **first 24 hrs.**
- In general, if you need protection from the cold, so does your concrete.
- Concrete can be placed in almost any weather, but without precautions, the quality will go way down.



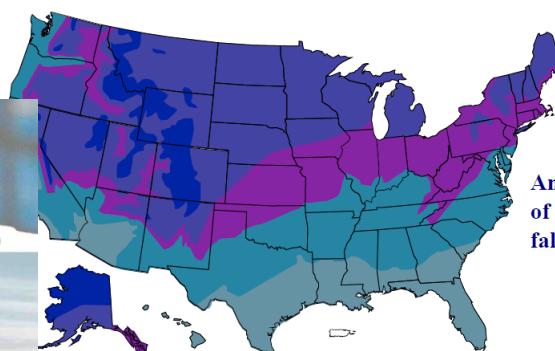
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What is “cold” weather concreting?



Annual average number of days temperatures fall below 32°F (0°C)

- Less than 30
- 30 to 90
- 91 to 150
- 151 to 210
- More than 210



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Three Keys to Curing

Time



Temperature



Moisture



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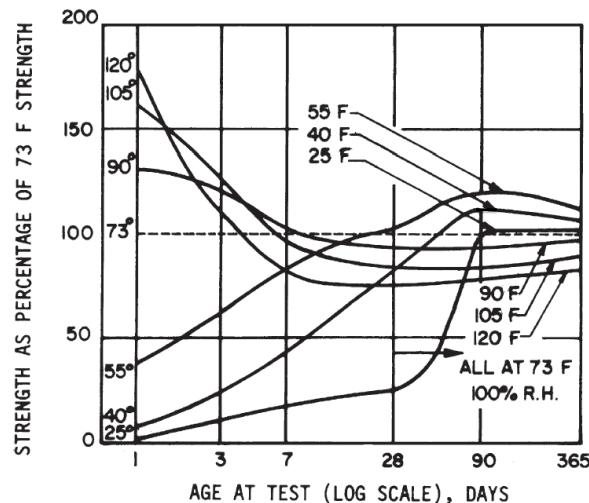
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Time vs. Temperature



Protection Period

- Concrete can resist the effects of **one** freezing-and-thawing cycle if it is air-entrained, not exposed to an external water source, and has reached a compressive strength of approximately 500 psi (3.5 MPa).



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Concrete in low temperatures

- Cement hydration reactions occur at slower rate and continue to get slower and slower as temperature continues to drop
 - VERY slow below 40°F (4°C), stops completely at 32°F (0°C)
- Accordingly, concrete strength development takes longer
- The curing process requires more time and additional precautions
- Supplementary Cementitious Materials (SCMs) such as coal ash (fly ash) generate less internal heat than cement
- Portland Limestone Cement (PLC) such as Type IL have less cement and are therefore more sensitive to cold...and drying



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Concrete in low temperatures

- Little or no added external moisture is needed for curing during cold weather...

Unless...

- Heated enclosures
- Dry ambient air, low humidity can increase rate of mix water evaporation
 - Insufficient moisture and humidity can result in unhydrated cement
 - Plastic shrinkage cracks can develop
- PLC (e.g., Type IL cement) more sensitive to relative humidity at time of placement



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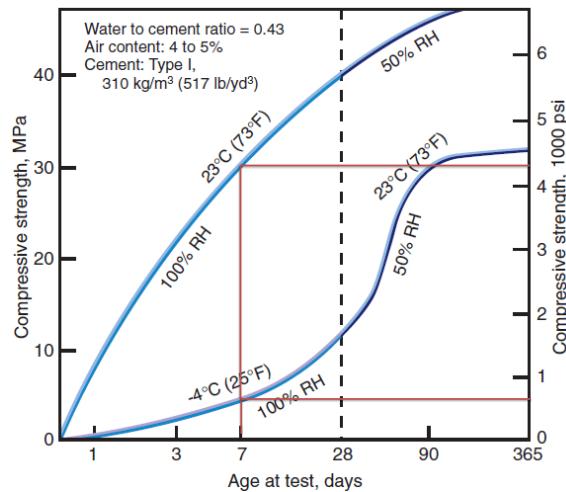
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Concrete allowed to freeze

When concrete is allowed to freeze before it reaches **500 psi (3.5 MPa)**:

- Concrete for the lower curve was cast at 40°F (4°C) and immediately placed in a below-freezing curing room at 25°F (-4°C)



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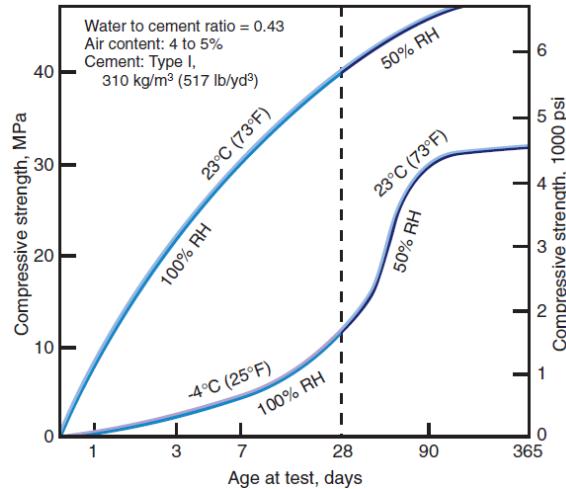
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Concrete allowed to freeze

When concrete is allowed to freeze before it reaches **500 psi (3.5 MPa)**:

- Concrete for the lower curve was cast at 40°F (4°C) and immediately placed in a below-freezing curing room at 25°F (-4°C)
 - Unable to achieve its intended design strength
 - Less strength gain over time



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Concrete in freezing temperatures

- Mix water freezes and ice forms in the paste
 - Increased porosity
 - Increased permeability
 - Less freeze-thaw resistance
 - Increased vulnerability to abrasion
- Cement hydration essentially stops, as does strength gain
- Concrete that freezes before reaching **500 psi** compressive strength will never attain its design characteristics and **should be discarded**



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Overview

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This is how I wanna spend
winters



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Three Keys to Curing

Time



Temperature



Moisture



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Strategies for cold weather

- Increase curing time
- Increase temperature
 - Concrete
 - Formwork
 - Enclosure
- Control temperature loss
- Control moisture loss
- Test frequently



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Strategies for cold weather

Protection Period

- To ensure that the concrete has reached 500 psi (3.5 MPa), protect the concrete temperature as described in Table 5.1 for the time periods in Line 1 of Table 7.2

Table 7.2—Length of protection period for concrete placed during cold weather

Line	Service condition	Protection period at minimum temperature indicated in Line 1 of Table 5.1, days*	
		Normal-set concrete	Accelerated-set concrete
1	No load, not exposed	2	1
2	No load, exposed	3	2
3	Partial load, exposed	6	4
4	Full load	Refer to Chapter 8	

*A day is a 24-hour period.

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Strategies for cold weather

Table 5.1—Recommended concrete temperatures

Line	Air temperature	Section size, minimum dimension			
		< 12 in. (300 mm)	12 to 36 in. (300 to 900 mm)	36 to 72 in. (900 to 1800 mm)	> 72 in. (1800 mm)
1	—	55°F (13°C)	50°F (10°C)	45°F (7°C)	40°F (5°C)
		Minimum concrete temperature as mixed for indicated air temperature*			
2	Above 30°F (-1°C)	60°F (16°C)	55°F (13°C)	50°F (10°C)	45°F (7°C)
3	0 to 30°F (-18 to -1°C)	65°F (18°C)	60°F (16°C)	55°F (13°C)	50°F (10°C)
4	Below 0°F (-18°C)	70°F (21°C)	65°F (18°C)	60°F (16°C)	55°F (13°C)
5	—	Maximum allowable gradual temperature drop in first 24 hours after end of protection			
		50°F (28°C)	40° (22°C)	30°F (17°C)	20°F (11°C)

*For colder weather, a greater margin in temperature is provided between concrete as mixed and required minimum temperature of fresh concrete in place.

Note 1: For Line 1, maximum placement temperature is minimum temperature in the table plus 20°F (11°C).

Note 2: For Lines 2-4, maximum temperature is minimum temperature in the table plus 15°F (9°C).

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Strategies for cold weather

Make "hotter" concrete

- Type III or HE high-early strength cement
- Lower w/cm ratio
 - Additional cement (100 to 200 lb./yd.) (60 to 120 kg/m³)
 - Reduce water
- Use chemical accelerators
 - **Non-chloride-based**
 - Calcium Formate (hardening)
 - Calcium Nitrate (setting)
 - If using +10% ash, +20% slag, heat activation should be physical rather than chemical



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Strategies for cold weather

Make "colder" concrete

- Antifreeze concrete (FHWA-HIN-21-010)
 - Outside the scope of ACI PRC 306...and most project specifications
 - Minimum concrete temperature lowered to around 23°F to 25°F (-5°C to -4°C)
 - Strength curve slower than 73°F (23°C) but faster than 40°F (5°C)
 - Stiff, sticky consistency, 3 in. to 5 in. slump
 - Compare cost of admixture(s) to cost of heating and protection
 - Test, test, test



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Strategies for cold weather

Heat mix water

- Typically no higher than **140°F (60°C)**
- Do not exceed **180°F (82°C)**
 - Heat equivalent to hot cup of coffee
- Premix to equalize water & aggregate temperatures as much as possible before adding cement
- ACI recommends measuring the temperature of each batch
- **WARNING:** It **is** possible to create hot weather conditions in the concrete, even when casting in cold weather



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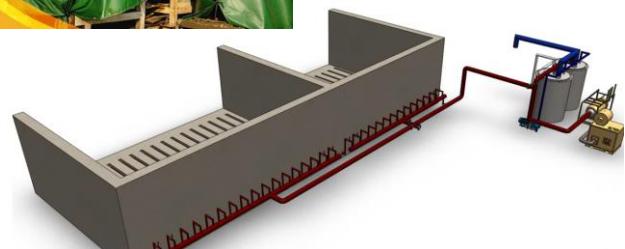
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Strategies for cold weather

Heat aggregates

- No frozen aggregates (per NPCA QCM)
- More generally, when air temperatures are consistently below **25°F (-4°C)**, it will be necessary to heat the aggregates
- Heat coarse up to **60°F (15°C)**, fine aggregates up to **105°F (40°C)**
- Heating aggregates to higher temperatures generally not necessary if the mixing water is heated to **140°F (60°C)**
- Heating aggregates with steam is more efficient but can also lead to moisture variations



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Strategies for cold weather

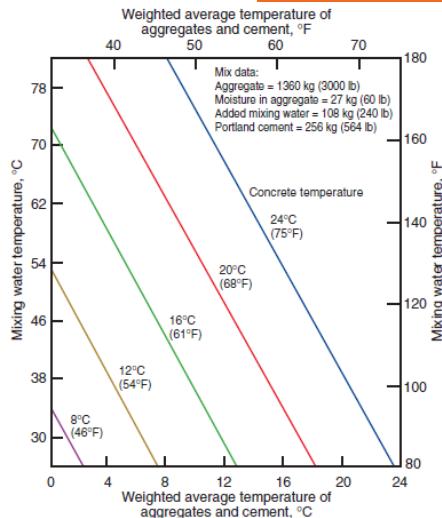
Heating Water & Aggregates

- Temperature of mixing water and aggregates needed to produce heated concrete

Table 5.1—Recommended concrete temperatures

		< 12 in. (300 mm)
Line	Air temperature	
1	—	55°F (13°C)
2	Above 30°F (-1°C)	60°F (16°C)

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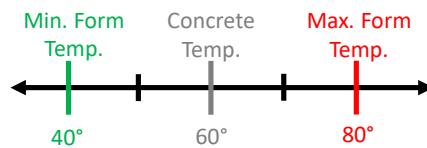


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Strategies for cold weather

Heating forms & embedded items

- All formwork and embedded items must be **at least 32°F (0°C)** at the time of fresh concrete placement
- Recent work has shown that most embeds, including reinforcing bars, do not need to be heated unless the air temperature is below **10°F (-12°C)**
- Formwork should be within **±20°F (±11°C)** of fresh concrete temperature
- No deicing chemicals on forms/molds



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Strategies for cold weather

Control Heat Loss

- Time is your enemy
- Heat is expensive, as well as time-consuming; preserve it at much as possible
- Pour while ambient temperatures are **rising**
 - Start pouring as early as possible
- External heat should not be applied until **after** initial set



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Strategies for cold weather

Control Heat Loss

- ACI PRC 306-16
 - Minimum exposure temperatures maintained for 50°F* (10°C*) for 3 days
- Insulating Materials
 - Polyethylene, Polyurethane, Polystyrene
 - Fiber blankets
 - Loose fill

Wall or slab thickness, in. (m)	Minimum ambient air temperature, °F (°C), allowable when insulation having these values of thermal resistance R , h·ft²·°F/BTU (m²·K/W), is used			
	$R = 2$ (0.35)	$R = 4$ (0.70)	$R = 6$ (1.06)	$R = 8$ (1.41)
Cement content = 500 lb/yd³ (296 kg/m³)				
6 (0.15)	43 (6)	35 (2)	28 (-2)	20 (-7)
12 (0.30)	34 (1)	18 (-8)	3 (-16)	-12 (-24)
18 (0.46)	25 (-4)	2 (-16)	-21 (-29)	-44 (-42)
24 (0.61)	18 (-8)	-10 (-23)	-38 (-39)	-68 (-56)
36 (0.91)	12 (-11)	-23 (-31)	-60 (-51)	*
48 (1.20)	10 (-12)	-25 (-32)	*	*
60 (1.50)	10 (-12)	-25 (-32)	*	*
Cement content = 600 lb/yd³ (356 kg/m³)				
6 (0.15)	41 (5)	32 (0)	23 (-5)	14 (-10)
12 (0.30)	31 (-1)	12 (-11)	-7 (-22)	-26 (-32)
18 (0.46)	21 (-6)	-7 (-22)	-35 (-37)	-63 (-53)
24 (0.61)	11 (-12)	-24 (-31)	-59 (-51)	*
36 (0.91)	4 (-16)	-36 (-38)	*	*
48 (1.20)	4 (-16)	-40 (-40)	*	*
60 (1.50)	4 (-16)	-40 (-40)	*	*

*Minimum is 40°F (4°C)



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Strategies for cold weather

Heat Application

- Plant heat
 - +50°F (10°C) for 3+ days
- **After** initial set:
 - Indirect Heating
 - Larger, requires more energy, lowers humidity
 - Liquid fuel, natural gas/propane or electricity
 - Exhaust separate from heat
 - Direct Heating
 - "Torpedo" heater (most common) – portable, highly effective
 - Kerosene/Diesel
 - Heat = exhaust, workspace must be well ventilated



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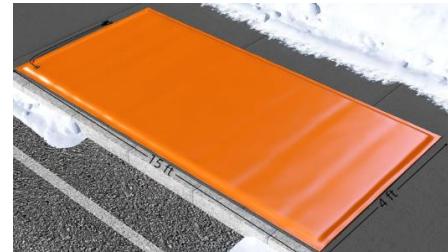


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Strategies for cold weather

Heat Application and Retention

- Heated curing blankets
- Use tarps to cover the curing products and create an enclosure to trap the heat
- Protect corners and edges of product
- No hot spots inside enclosure; monitor temperature throughout
- **Never** point direct-fired heaters at the formwork
 - Uneven heating
 - Delayed Ettringite Formation (DET)
 - Carbonation



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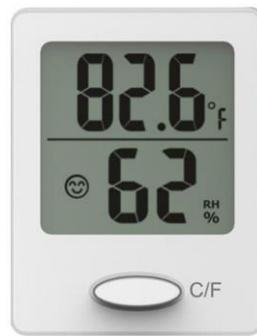


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Strategies for cold weather

Heat and Moisture Retention

- Rise in ambient curing temperature shall be limited to a maximum of 40°F (22°C) per hour
- Maintain moisture (40% humidity)
 - Consider heat source
 - Tip: wet the floor underneath enclosure
 - Curing compound
- Minimize convection
 - Concrete **warmer** than 60°F (16°C) **exposed to air** 50°F (10°C) or higher is susceptible to surface desiccation
- Air temperature inside enclosure should not be more than **20°F (11°C) more** than concrete placement temperature



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Strategies for cold weather

Monitoring and Cooling

- Monitor and record concrete surface temperature during curing
- Max. concrete temperature **150°F (65°C)**
- Monitor the maximum internal concrete temperature once every three (3) months
- Remove heat gradually after protection period
 - 50°F (28°C) per day, or per ACI PRC 306 Table 5.1



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Time vs. Temperature

Table 5.1—Recommended concrete temperatures

		Section size, minimum dimension			
Line	Air temperature	Minimum concrete temperature as placed and maintained			
1	—	55°F (13°C)		50°F (10°C)	45°F (7°C)
		Minimum concrete temperature as mixed for indicated air temperature*		40°F (5°C)	
2	Above 30°F (-1°C)	60°F (16°C)	55°F (13°C)	50°F (10°C)	45°F (7°C)
3	0 to 30°F (-18 to -1°C)	65°F (18°C)	60°F (16°C)	55°F (13°C)	50°F (10°C)
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For colder weather, a greater margin in temperature is provided between concrete as mixed and required minimum temperature of fresh concrete in place.

Note 1: For Line 1, maximum placement temperature is minimum temperature in the table plus 20°F (11°C).

Note 2: For Lines 2-4, maximum temperature is minimum temperature in the table plus 15°F (9°C).



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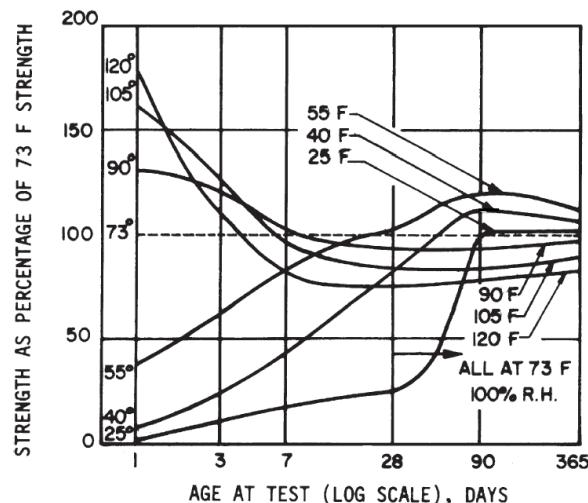


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Time vs. Temperature

Hot Weather Conditions Created in Cold Weather

- While frozen concrete is bad, concrete that is overheated has lower later-age strength, as well as lower durability



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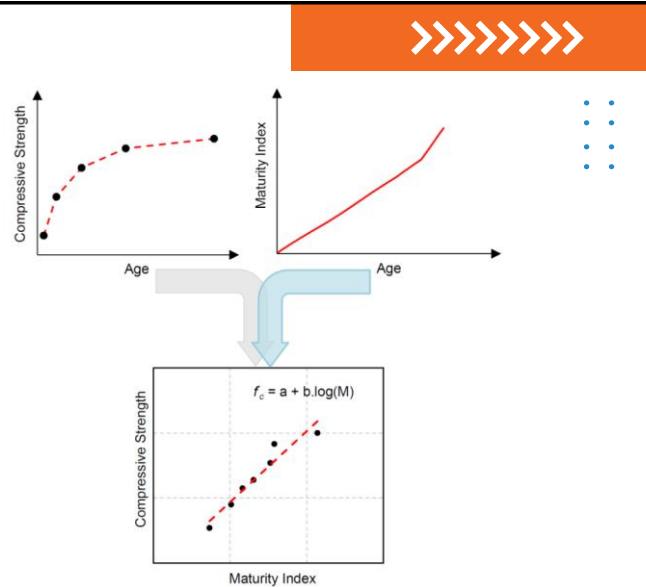


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Strategies for cold weather

Maturity Curve using Time-Temperature Factor (TTF)

- Requires multiple test cylinders (16+) from a test batch
- Temperature and strength of each cylinder recorded as they age
- Results plotted as function of maturity vs. time
 - Time-temperature function, or factor (TTF)
 - Area under the curve
 - $1^{\circ} F = 10 \text{ min.}, 10^{\circ} F = 1 \text{ min.}$
- Per mix design using exact same materials and proportions



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Strategies for cold weather

Frequent Testing

- Compare test results from several sources
 - Maturity meter (Requires TTF curve)
 - Lab-cured vs. plant-cured cylinders
 - Rebound hammer (ASTM C805)
- Plan for cold weather before it hits
 - Be prepared for weather changes
 - Keep extra blankets, heaters, hygrometers
- **DO NOT** strip product until adequate strength is attained
- Monitor concrete temperatures during curing
- Have a contingency plan in place



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Strategies for cold weather

- Increase curing time
- Increase temperature
 - Concrete
 - Formwork
 - Enclosure
- Control temperature loss
- Control moisture loss
- Test frequently

Time



Temperature



Moisture



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Takeaways



Cold Weather Concreting

- Not one-size-fits-all; it can vary from day to day.
- Short-term production convenience should not be prioritized at the cost of long-term strength or durability.
- Every step in the process is crucial.
- Carefully monitor concrete during the protection period.
- Prepare. Review cold weather procedures before it happens.

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Questions and Discussion



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A graphic for 'The Precast Show' featuring a background image of a construction worker's hands adjusting a hard hat. The 'THE PRECAST SHOW' logo is on the left, and a QR code is on the right. A blue button in the center says 'CONTACT US'. Below it, a section for 'Before We Go...' includes contact information for Hugh Martin, P.E. and a website link.

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THANK YOU!

Enjoy The Precast Show!

